



Objective: To read a computerized weekly summary report to determine if nutrient standards are met.

1. Using the Menu Summary Report, compare the menu averages for the week of 11-04-96 to 11-08-96 to the nutrient targets for Steps Secondary (g).

- a. Are the following nutrient targets met?

	YES	NO
Calories	T	
Sodium		T(Exceeds)
Fiber	T	
Total Fat	T	
Saturated Fat		T(Exceeds)

- b. What could be done to meet these nutrient targets?**Modify sodium in the different food items. Choose different recipes or product for sauce, macaroni and cheese, chicken nuggets, and beef stew.**



How would this information be useful in your school? _____
